# NOVEL CORONAVIRUS What You Need to Know

2019 Novel Coronavirus (2019-nCoV) is a virus identified as the cause of an outbreak of respiratory illness first detected in Wuhan, China. It has never before been identified in humans.

#### How is it spread?

- Through coughing and sneezing
- Close personal contact, such as shaking or touching hands with both human and animals.
- Touching an object or surface with the virus on it and then touching your mouth, nose or eyes before washing your hands
- Because this virus is new, we are learning more about the transmission patterns



Symptoms may appear 2-14 days after exposure. If you have been to China within the past two weeks and develop symptoms, call your local health department or doctor.

### What are the symptoms?

Fever · Cough · Difficulty Breathing · Severe Illness

## How can I protect myself?

- Handwashing with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with sick people.
- Stay home if you are sick.
- Cover your cough or sneeze with a tissue and then throw it away.
- Avoid unprotected contact with wild or farm animals.

If you think you may have been infected with novel coronavirus, please call the East Orange Department of Health and Human Services:



973.266.5480 8:30am-4:30pm M-F 973.518.3969 After Hours

#### Mayor Ted R. Green

East Orange City Council • East Orange Board of Health Department of Health and Human Services Dr. Monique S. Griffith, Director • Victor Kuteyi, Health Officer

